



COLOGNE
INTERNATIONAL
SCHOOL
Internationale Friedensschule Köln

EXTRACURRICULAR ACTIVITIES

Primary School



CLUBS & LATE CLUBS 2024/25 Semester 2

Dear Parents,

Please find below background information regarding our club program for the next school semester. For more information about each club, please see the detailed club descriptions on the next pages. Our club structure will facilitate student development in the following areas:

Sports

Experience how physical activity influences well-being in a positive way. Clubs currently offered in this area:

- Basketball (Monday 16:15-17:30) - max. 16 students - 120€/semester
- Yoga (Tuesday 14:45-16:15) - max. 16 students - 120€/semester
- Girls' Football (Tuesday 14:45-16:15) - max. 22 students - 120€/semester
- Football 1-3 (Tuesday 14:45-16:15) - max. 22 students - 120€/semester
- Indoor Adventure Sports (Tuesday 14:45-16:15) - max. 20 students - 120€/semester
- Gymnastics (Tuesday 16:15-17:30) - max. 20 students - 120€/semester
- Ball Games (Tuesday 16:15-17:30) - max. 20 students - 120€/semester
- Tennis (Wednesday 16:15-17:30) - max. 16 students - 120€/semester
- Athletics (Wednesday 16:15-17:30) - max. 20 students - 120€/semester
- Parkour (Thursday 16:15-17:30) - max. 20 students - 120€/semester
- K-Pop Dance (Thursday 16:15-17:30) - max. 20 students - 120€/semester
- Football 3-5 (Friday 14:45-16:15) - max. 22 students - 120€/semester
- Gymnastics (Friday 14:45-16:15) - max. 20 students - 120€/semester
- K-Pop Dance (Friday 14:45-16:15) - max. 20 students - 120€/semester

Creativity

Let your imagination fly and develop your creative skills. Clubs currently offered in this area:

- Acting (Monday 16:15-17:30) - max. 16 students - 120€/semester
- Arts & Crafts (Tuesday 14:45-16:15) - max. 20 students - 120€/semester
- Sculptural Design (Tuesday 14:45-16:15) - max. 16 students - 120€/semester
- Design (Tuesday 16:15-17:30) - max. 10 students - 120€/semester
- Moviemaking 3-5 (Thursday 15:30-17:00) - max. 16 students - 120€/semester
- Arts & Crafts (Friday 14:45-16:15) - max. 20 students - 120€/semester
- Moviemaking (Friday 14:45-16:15) - max. 16 students - 120€/semester

Languages

Improve your language skills. Clubs currently offered in this area:

- Italian for native speakers (Monday 16:15-17:00) - max 12 students - 60€/semester
- Spanish Grades 1-4 (Monday, Wednesday & Thursday 15:30-16:15) - free
- French Grades 1-4 (Monday, Wednesday & Thursday 15:30-16:15) - free
- English for absolute beginners Grades 1-4 (Mo, We & Th 15:30-16:15) - free
- German for absolute beginners Grades 1-4 (Mo, We & Th 15:30-16:15) - free

Music

Improve your instrumental and voice skills. Clubs currently offered in this area:

- Big Band via audition grade 5 (Monday 15:30-17:00) - free
- Musical Theater grades 4-5 (Monday 15:30-17:00) - free
- String Ensemble grade 5 (Wednesday 15:30-17:00) - free
- Choir (Friday 14:45-16:15) - free
- Individual lessons (More infos on the last page! Contact: int.musikschule.koeln@gmail.com)

Supervision

Clubs offered in this area:

- Reading Time (Monday, Wednesday, Thursday 15:30-16:15) - free
- Games (Monday, Wednesday, Thursday 15:30-16:15, Tuesday 14:45-16:15) - free

Important Information

1. Limited Spots: Clubs have limited number of participants and may fill up quickly. Once a club is full, it will be removed from the registration form. Registrations are processed on a first-come, first-served basis.
2. Language Courses: Language courses (Spanish, French, English, German) that take place on Monday, Wednesday, and Thursday require mandatory participation on all 3 days.
3. Registration: Please register your child before the deadline expires. Only registered students are allowed to participate in clubs.
4. Changes & Cancellations: Changes and cancellations are only possible during the first two weeks of the semester. After this period, no changes or cancellations will be accepted. All changes and cancellations must be submitted in writing via email to Ms. Zaric under tatjana.zaric@if-koeln.de.
5. Minimum Number of Participants: Clubs require a minimum of 6 students to take place. If this minimum is not met, the club may be canceled. In such cases, you can either select an alternative club or request a refund.

Clothing Requirements

- For indoor sports and dance clubs: Sports clothes, clean sports shoes, and a water bottle are mandatory.
- For the yoga club: Please ensure your child brings a towel and a water bottle to the club.
- For outdoor clubs: Please ensure your child wears appropriate outdoor clothing for the weather and brings a water bottle to the club.

Behavior Expectations

We remind you that the same standards of behaviour expected during school lessons apply to club activities. Disruptive behaviour will lead to consequences, which could result in exemption from the clubs. Club fees will not be refunded in such cases. By registering, students and parents agree to these rules to ensure a safe and enjoyable environment for everyone.

DETAILED CLUB DESCRIPTIONS IN ALPHABETICAL ORDER

Acting

Jasmin Neuschäfer

D2.207

Are you a natural performer? Do you like acting? Then join our dynamic Kids Acting Club. Here, you will learn how to truthfully express your emotions and speak and act in front of an audience.

Arts & Crafts

Dr. Shipra Saksena (Tuesday) & Pratibha Mantri (Friday)

Tuesday F0.108 / Friday F0.106

Painting, drawing and sculpting... Come and use a variety of paints, pencils and materials to create beautiful works of art!

Athletics

Kacem Maamer

Sports Hall 2

Develop your track and field skills and take part in various competitions. Sports clothes and clean sports shoes are mandatory!

Ball Games

Cedric Marschall

Sports Hall 2

Take part in a range of traditional and improvised games with a ball: Brennball, dodge ball, basketball, football, handball, floorball, hockey, tennis, football tennis, volleyball. Sports clothes and clean sports shoes are mandatory!

Big Band (grade 5 only via audition)

Robert Keane & Sebastian Oetker

F0.210

Big Band musicians study and perform a variety of repertoire from various periods of Jazz, ranging from Dixieland to Swing, Funk to Fusion. In addition to improving instrumental expertise and ensemble awareness, they will develop their improvisational skills, study the form of jazz and learn about the great jazz performers of the past and present. Private instrumental lessons are obligatory for participation. All students need to pass audition in order to participate in the club. Mr. Keane reserves the right to deny entry to any students who are not up to the level.

Choir

Judy Yang

F0.211

Join our school choir and have fun singing together! Only for kids who are truly interested in singing! This is not a supervision club! If your child is too tired or doesn't enjoy singing, please consider another activity for your child.

Design Club

Andrea Steffen

D0.106

Is your child creative? Does he or she like to tinker, sew, build or invent? Is he or she bubbling over with ideas? Then this is the right club for them! In the Design Club, the children will discover all things design in a playful way. They have a wide range of materials at their disposal to encourage them to be creative, try things out and experiment: fabrics and fabric scraps for first sewing attempts by hand, such as scrunchies, stuffed animals or mini-clothes for puppets and toys. Jewellery parts and beads for making necklaces, (charm) bracelets or key rings. Various handicraft, building and upcycling materials for small inventions, art objects and other creative ideas. The fun of being creative and the individual talents of your child will be encouraged by a professional designer. Their own ideas are welcome and will be taken up and developed further with the children. They practise manual skills and are part of a club where they can support each other and exchange their fun ideas. For more information click [here](#).

EAL (English as Additional Language)

Nancy Mukherjee & Katja Lenz

D1.213 & D2.409

This language course is reserved exclusively for absolute beginners in grades 1-4.

Football

Bastian Palm (Tuesday, grades 1-3) & Cedric Marschall (Friday, grades 3-5)

Tuesday Sports Hall 1 / Friday Sports Hall 2

Practise your ball skills with drills and team games run by our qualified football trainers. Sports clothes and clean sports shoes are mandatory!

French (grades 1-4)

Iana Prostavova

F1.107

Mondays, Wednesdays and Thursdays, we offer French lessons for grades 1-4. Participation on all three days is mandatory.

GAL (German as Additional Language)

Maryam Mahdavi

D2.411

This language course is reserved exclusively for absolute beginners in grades 1-4.

Games

Stefania Tassone, Yannis Dublin, Kacem Maamer, Bastian Palm

Outside / Green surface of the schoolyard or Classroom depending on the weather conditions

The Games Club provides a supervised environment where children can engage in free recreational play. Held on the green surface of the schoolyard during good weather, children can play outdoor games. In case of bad weather, the club moves indoors to a classroom, where children can engage in board games.

Please note: This is not a sports club, and running or other sportive activities are not permitted during indoor sessions.

Important: This is not a football club. If your child wishes to play football, please register them for the Football Club instead.

Girls' Football

Marco Hartel

Sports Hall 2

Football club only for girls. Sports clothes and clean sports shoes are mandatory!

Gymnastics

Lea Sommer (Tuesday) & Aron Dordic (Friday)

Sports Hall 3

Build and develop your skills using a range of gymnastic equipment, both floor and mounted, with a qualified coach. Sports clothes and clean sports shoes are mandatory!

Indoor Adventure Sports

Lea Sommer

Sports Hall 3

Experience adventure sports: parkour, ninja warriors, gymnastics, mat games and more.

Italian for native speakers

Stefania Tassone

D2.406

Mother tongue lessons for native students: improve reading, writing and speaking skills in your mother tongue.

K-Pop Dance

Eun Ro

D2.207

Get ready to move and groove in the K-Pop Dance Club led by Eun, a certified K-Pop Dance instructor from Seoul. Children will learn fun and dynamic choreography inspired by K-Pop hits while improving coordination, rhythm, and self-confidence. Join us to dance, have fun, and discover the vibrant world of K-Pop. Sports clothes and clean sports shoes are mandatory!

Moviemaking (grades 3-5)

Dr. Shipra Saksena

D1.407

In this club, the students will learn how to film, edit and create short videos using simple editing softwares. Everyone will graduate with knowledge and joy for the moviemaking!

Musical Theater (grades 4-5)

Judy Yang

F0.211

Musical Theater is a music and acting class. Students will practice performing in character, combining singing and acting.

Parkour

Bastian Palm

Sports Hall 3

Parkour is a great way for children to test their body in overcoming obstacles by running, climbing, jumping and balancing. It's a full-body workout with a high fun factor. Sports clothes and clean sports shoes are mandatory!

Reading Time

Michaela Kienle

Library

Only for students who are truly interested in reading and enjoy reading! No games or other activities will be played in this club.

Sculptural Design: Fantastic Creatures and Jugs

Bernhard Peters

F0.015

We create fantastic animals and strange creatures. What might be there deep in the sea, in the jungle or the desert that no one has ever seen? We design with wire, cardboard and papier-mâché and paint our fantasy creatures with watercolors. We also create a house out of a shoebox or other materials for our fantastic creatures. Where could our fictional animal live? What does his garden look like? In this club, we also design jugs and vases with fantasy creatures from old jam jars. We decorate them artistically with different material and paints.

Spanish (grades 1-4)

Susana Martinez & Carolina Reyes

D1.307 & D1.407

Mondays, Wednesdays and Thursdays, we offer Spanish lessons for grades 1-4. Participation in all three days is mandatory.

String Ensemble (grade 5)

Julie Maas & Christine Moran

F0.211

The String Ensemble is open to all string players who want to play exciting repertoire in many styles: classical, folk, jazz, and film music. Students in the ensemble will focus on developing orchestral performance techniques, musicianship and ensemble skills. In addition, participants should study privately.

Tennis

Teresa Bielz from Tennis Club DJK Köln-Bocklemünd e.v. 1967 e.V.

Sports Hall 3

A lot of fun and varied competition games are awaiting you in this club. Qualified trainers of the DJK Tennis Club will bring you closer to the fascination of the yellow felt ball. Sports clothes and clean sports shoes are mandatory!

Yoga for kids

Pratibha Mantri

F0.210

Discover the joy of yoga in a fun and playful environment! This engaging class combines creative yoga poses, imaginative breathing exercises, and interactive activities to help children feel calmer, happier, and more balanced. Through yoga, kids can build strength, improve flexibility, and enhance mindfulness, supporting their physical health while promoting emotional well-being and relieving stress.

What to bring: A water bottle and a towel.

We look forward to welcoming your child to an exciting new semester of clubs!

Kind regards,

Tatjana Zaric

Marketing & Extracurricular Activities

INDIVIDUAL MUSIC LESSONS

Internationale Musikschule Butzweilerhof

Manager: Sebastian Oetker

In addition to the clubs, we offer individual music lessons on the following instruments in cooperation with the International Music School Butzweilerhof: piano, trumpet, saxophone, clarinet, flute, violin, viola, cello, drums and guitar. We also offer voice individual lessons. Please send all inquiries regarding private lessons to int.musikschule.koeln@gmail.com.

By playing an instrument, the child learns a craft that is also an art. Such a highly complex matter can only be mastered satisfactorily if already started in childhood and if continued support through individual lessons take place!

The experience "I can do something very special!" has an enormously positive effect on the personality development of the child! Last but not least, it is an important experience for later professional life.

In the afternoon we already offer individual lessons in the following instruments: piano, trumpet, saxophone, clarinet, flute, violin, viola, cello, drums, guitar and more!

Our highlights in this semester:

- Piano lessons with Grigol Kobakhidze (pop, jazz, classical and film music) weekly on Mondays, Thursdays and Saturdays.
- Guitar, Bass-Guitar, Ukulele and Voice lessons with Vano Kobakhidze (Pop music) weekly on Thursdays and Saturdays.

For all enquiries, also regarding other instruments, contact int.musikschule.koeln@gmail.com.

Any incoming expression of interest will be placed on the waiting list first. As soon as a place is available for your child, we will contact you.