



COLOGNE
INTERNATIONAL
SCHOOL
Internationale Friedensschule Köln

EXTRACURRICULAR ACTIVITIES

Secondary School



CLUBS 2024/25 Semester 2

Dear Parents,

Please find attached background information regarding our club program for the current school year. Our club structure will facilitate student development in the following areas:

Sports

Experience how physical activity influences well-being in a positive way. Clubs currently offered:

- Badminton & Tennis (Monday 15:30-17:00) - max. 16 students - 120€/semester
- Basketball RheinStars (Monday 15:30-17:00) - max. 20 students - 120€/semester
- Ultimate Frisbee (Wednesday 15:30-17:00) - max. 20 students - 120€/semester
- Volleyball beginners (Thursday 15:30 - 17:00) - max. 20 students - 120€/semester
- Volleyball advanced (Thursday 15:30 - 17:00) - max. 20 students - 120€/semester
- K-Pop Dance (Thursday 15:30 - 17:00) - max. 20 students - 120€/semester
- Football (Friday 14:45 - 16:15) - max. 20 students - 120€/semester

Creativity

Let your imagination fly and develop your creative skills. Clubs currently offered in this area:

- Design & Art (Tuesday 14:45-16:15) - max. 12 students - 120€/semester
- Portrait Painting (Friday 14:45 - 16:15) - max. 12 students - 120€/semester
- Photography (Friday 14:45 - 16:15) - max. 12 students - 120€/semester

STEM & Digital World

Dive into our STEM & Digital World while honing essential 21st-century skills. Clubs currently offered in this area:

- Esports (Tuesday 15:00 -16:15) - max. 10 students - 240€/semester
- Robotics 6-10 (Thursday 15:30-17:00) - max. 16 students - 120€/semester

Languages

Improve your language skills. Clubs currently offered in this area:

- DELF French (Tuesday 14:45-16:15) - free
- DELE Spanish (Friday 14:45-16:15) - free

Music

Improve your instrumental skills. Clubs currently offered in this area:

- Big Band (Monday 15:30-17:00) - free via audition only
- Musical Theater (Monday 15:30-17:00) - free
- String Ensemble (Wednesday 15:30-17:00) - free

Communication / Debating

Improve your communication and debating skills. Club currently offered in this area:

- MUN (Wednesday 15:30-17:00) - free

Important Information

1. Limited Spots: Clubs have limited number of participants and may fill up quickly. Once a club is full, it will be removed from the registration form. Registrations are processed on a first-come, first-served basis.
2. Registration: Please register your child before the deadline expires. Only registered students are allowed to participate in clubs.
3. Changes & Cancellations: Changes and cancellations are only possible during the first two weeks of the semester. After this period, no changes or cancellations will be accepted. All changes and cancellations must be submitted in writing via email to Ms. Zaric under tatjana.zaric@if-koeln.de.
4. Minimum Number of Participants: Clubs require a minimum of 6 students to take place. If this minimum is not met, the club may be canceled. In such cases, you can either select an alternative club or request a refund.

Clothing Requirements

- For indoor sports and dance clubs: sports clothes, clean sports shoes, and a water bottle are mandatory.

Behavior Expectations

We remind you that the same standards of behavior expected during school lessons apply to club activities. Disruptive behavior will lead to consequences, which could result in exertion from the clubs. Club fees will not be refunded in such cases. By registering, students and parents agree to these rules to ensure a safe and enjoyable environment for everyone.

For more information about each club, please see the detailed club descriptions on the next pages.

We wish all students a lot of fun!

Kind regards,

Tatjana Zaric

Marketing & Extracurricular Activities

DETAILED CLUB DESCRIPTIONS IN ALPHABETICAL ORDER

Badminton & Tennis

Lea Sommer

Sports Hall 2 - 120€/semester

Both sports are taught alternately. Sports clothes and clean sports shoes are mandatory!

Basketball RheinStars

RheinStars

Sports Hall 1 - 120€/semester

Train with RheinStars! Take part in a range of drills and team games, and learn basketball from professional athletes. Sports clothes and clean sports shoes are mandatory!

Big Band

Robert Keane

F0.210 - free via audition

Big Band musicians study and perform a variety of repertoire from various periods of Jazz, ranging from Dixieland to Swing, Funk to Fusion. In addition to improving instrumental expertise and ensemble awareness, band members will develop their improvisational skills, study the form of jazz and learn about the great jazz performers of the past and present. Private instrumental lessons are obligatory for participation. All students need to pass audition in order to take part in the club. Mr. Keane reserves the right to deny entry to any students who are not up to the level.

DELE Exam Preparation A1 & A2/B1

Susana Martinez

F1.108 - Grades 7-12 - free

The Diplomas DELE are official qualifications certifying the degree of competence and mastery of Spanish, granted by Instituto Cervantes. This course will prepare each pupil for his/her appropriate level of the DELE examination: A1 or A2/B1. For more information click [here](#).

DELFL School Program

Iana Prostavkova

F1.107 - free

Discover the DELFL School Program! Join our DELFL club and explore the French language and culture in a fun, supportive environment. Whether you're curious about learning French, a native speaker looking to enhance your skills, or planning to study in France after the IB, the DELFL program is perfect for you! The DELFL (Diplôme d'Études en Langue Française) is an internationally recognized certification that can open doors to higher education and career opportunities in French-speaking countries. Come and be part of this exciting journey to mastering French!

Design & Art

Andrea Steffen

F0.106 - 120€/semester

Are you creative and have lots of good ideas? Do you like drawing, painting sewing, crafting, building or inventing? Then this is the right club for you! You can come to the Design Club with your own ideas and you will be supported in realizing them. There is a wide range of materials for you to choose from: fabrics, clothes and a sewing machine for sewing and redesigning,. Jewelry pieces and beads for designing and making jewelry. Craft, building and upcycling materials for product designs, art objects or other creative ideas. In addition to the opportunity to be freely creative, there are prepared creative projects for you to choose from and we do painting and drawing exercises as well. Playfully experiment with different painting techniques, build your fundamental drawing skills with classic pencil exercises and try out experimental drawing techniques that loosen up your stroke and make it fun. This club is led by a graduate designer (illustration and communication design). Club members' interests and individuality are respected and included in the activities and exercises.

Football

Marco Hartel

Sports Hall 1 - 120€/semester

Practise your ball skills with drills and team games run by our qualified trainer. Sports clothes and clean sports shoes are mandatory!

Esports

Cedric Marschall

Design Room F0.110 - 240€/semester

Join our Tech After School Club, where the excitement of gaming and esports converges with the power of learning. Begin a journey from player to creator, delving into popular games like Minecraft and more, all while honing essential 21st-century skills. This dynamic program isn't just about playing games; it's a platform where imagination transforms into innovation. Through engaging tasks and challenges, students enhance their teamwork, problem-solving abilities, and creativity, preparing them for the digital landscape of the future. It's not merely a gaming club; it's your gateway to mastering the skills that matter in today's and tomorrow's world.

K-Pop Dance

Eun Ro

D2.207

Get ready to move and groove in the K-Pop Dance Club led by Eun, a certified K-Pop Dance instructor from Seoul. Students will learn fun and dynamic choreography inspired by K-Pop hits while improving coordination, rhythm, and self-confidence. Join us to dance, have fun, and discover the vibrant world of K-Pop. Sports clothes and clean sports shoes are mandatory!

MUN

Benard Weda

F0.015 - free

Model United Nations, also known as Model UN or MUN, is an extra-curricular activity in which students typically role-play delegates to the United Nations and simulate UN committees.

Musical Theater

Judy Yang

F0.211 - free / after Autumn Break

Musical Theater is a music and acting class. Students will practice performing in character, combining singing and acting.

Photography

Stefania Tassone

F0.110 - 120€/semester

Students learn about lighting, composition, aperture and how to take pictures with DSLR camera. They will also take photos of school events that will be published on our social media school's accounts: [Facebook](#), [Instagram](#) and [LinkedIn](#).

Portrait Painting

Carolina Garcia Rivas

F0.015 - 120€/semester

Unleash your creativity in our Portrait Painting Club, where students explore the art of capturing human expression through paint and brush. They learn techniques in shading, proportion, and color blending while bringing their artistic visions to life. All levels of experience are welcome - just bring your passion for art!

Robotics (grades 6-10)

Patrik Kloppsteck

F0.110 - 120€/semester

The robotics club will journey into the realm of robotics, creativity, and competition. You will be developing, tinkering and coding to come up with smart solutions for everyday problems. If you're a tech enthusiast, aspiring engineer, or just eager to explore the world of automation, join us in harnessing the power of robotics to solve problems, conquer challenges, make friends, and represent our school at the World Robot Olympiad! For the full experience we recommend a personal laptop.

String Ensemble

Julie Maas & Christine Moran

F0.211 - free

The String Ensemble is open to all string players who want to play exciting repertoire in many styles: classical, folk, jazz, and film music. Students in the ensemble will focus on developing orchestral performance techniques, musicianship and ensemble skills. In addition, participants should study privately.

Ultimate Frisbee

Leif Haupt

Sports Hall 1 - 120€/semester

Join the Ultimate Frisbee Club and experience the perfect mix of fun, fitness, and teamwork! This fast-paced, non-contact sport is all about strategy and spirit as students learn throwing techniques, game rules, and teamwork on the field. Club takes place every Wednesday except 19th February due to the teacher's absence on that day.

Volleyball

Nico Wessely & Alexander Groesgen

Sports Hall 1 & 2 - 120€/semester

The volleyball club is open to all students from 6th - 12th grade. In addition to learning and improving standard techniques and tactics, members will play in teams of 3 to 6, with and against each other. The club will be subdivided into two flexible groups - beginner/intermediate and intermediate/advanced - which will be determined by both age and ability. Our aim is to eventually form U12, U14, Junior Varsity and Varsity teams to participate in international tournaments against other schools. Sports clothes and clean sports shoes are mandatory!