



COLOGNE
INTERNATIONAL
SCHOOL
Internationale Friedensschule Köln

EXTRACURRICULAR ACTIVITIES

Primary School



CLUBS & LATE CLUBS 2024/25 Semester 1

Dear Parents,

Please find attached background information regarding our club program for the current school year. Our club structure will facilitate student development in the following areas:

Sports

Experience how physical activity influences well-being in a positive way. Clubs currently offered in this area:

- Tennis (Monday 16:15-17:30) - max. 16 students
- Yoga (Tuesday 14:45-16:15) - max. 16 students
- Girls' Football (Tuesday 14:45-16:15) - max. 22 students
- Football 1/2 (Tuesday 14:45-16:15) - max. 22 students
- Indoor Adventure Sports (Tuesday 14:45-16:15) - max. 20 students
- Gymnastics (Tuesday 16:15-17:30) - max. 20 students
- Ball Games (Tuesday 16:15-17:30) - max. 20 students
- Tennis (Wednesday 16:15-17:30) - max. 16 students
- Athletics (Wednesday 16:15-17:30) - max. 20 students
- Parkour (Thursday 16:15-17:30) - max. 20 students
- Football 3-5 (Friday 14:45-16:15) - max. 22 students
- Gymnastics (Friday 14:45-16:15) - max. 20 students

Creativity

Let your imagination fly and develop your creative skills. Clubs currently offered in this area:

- Acting (Monday 16:15-17:30) - max. 16 students
- Arts & Crafts (Tuesday 14:45-16:15) - max. 20 students
- Sculptural Design (Tuesday 14:45-16:15) - max. 16 students
- Design (Tuesday 16:15-17:30) - max. 10 students
- Moviemaking (Thursday 15:30-17:30) - max. 16 students
- Arts & Crafts (Friday 14:45-16:15) - max. 20 students
- Moviemaking (Friday 14:45-16:15) - max. 16 students

Languages

Improve your language skills. Clubs currently offered in this area:

- Spanish Grades 1-4 (Monday, Wednesday & Thursday 15:30-16:15) - free
- French Grades 1-4 (Monday, Wednesday & Thursday 15:30-16:15) - free
- English for absolute beginners Grades 1-4 (Mo, We & Th 15:30-16:15) - free
- German for absolute beginners Grades 1-4 (Mo, We & Th 15:30-16:15) - free
- Italian for native speakers (Tuesday 14:45-16:15) - max 12 students

Music

Improve your instrumental and voice skills. Clubs currently offered in this area:

- Big Band via audition grade 5 (Monday 15:30-17:00) - free
- Musical Theater grades 4-5 (Monday 15:30-17:00) - free
- String Ensemble grade 5 (Wednesday 15:30-17:00) - free
- Choir (Friday 14:45-16:15) - free
- Individual lessons (Contact: int.musikschule.koeln@gmail.com)

Other

Clubs offered in this area:

- Reading Time (Monday, Wednesday, Thursday 15:30-16:15) - free
- Games (Monday, Wednesday, Thursday 15:30-16:15, Tuesday 14:45-16:15) - free

Please be informed that the minimum number of 6 participants per club has to be reached in order for the club to take place. Club changes and cancellations are to be sent per email to tatjana.zaric@if-koeln.de.

Please note that appropriate sports clothing and clean sports shoes are mandatory for all indoor sports and dance courses. It is not allowed to enter the sports hall without clean sports shoes!

Please be reminded that appropriate behavior is expected from all students during club activities, just as it is during school lessons. Disruptive behavior will lead to consequences, which could ultimately result in exemption from the clubs.

In addition to the clubs, we offer individual music lessons on the following instruments in cooperation with the International Music School Butzweilerhof: piano, trumpet, saxophone, clarinet, flute, violin, viola, cello, drums and guitar. We also offer voice individual lessons. Please send all inquiries regarding private lessons to int.musikschule.koeln@gmail.com.

For more detailed information regarding clubs and individual music lessons, please see next pages.

We wish all students a lot of fun!

Kind regards,

Tatjana Zaric

Marketing & Extracurricular Activities

DETAILED CLUB DESCRIPTIONS IN ALPHABETICAL ORDER

Acting

Jasmin Neuschäfer

D2.207 - 120€/semester

Are you a natural performer? Do you like acting? Then join our dynamic Kids Acting Club. Here, you will learn how to truthfully express your emotions and speak and act in front of an audience.

Arts & Crafts

Dr. Shipra Saksena (Tuesdays) & Pratibha Mantri (Fridays)

F0.117 - 120€/semester

Painting, drawing and sculpting... Come and use a variety of paints, pencils and materials to create beautiful works of art!

Athletics

Kacem Maamer

Sports Hall 3 - 120€/semester

Develop your track and field skills and take part in various competitions. Sports clothes and clean sports shoes are mandatory!

Ball Games

Cedric Marschall

Sports Hall 3 - 120€/semester

Take part in a range of traditional and improvised games with a ball: Brennball, dodge ball, basketball, football, handball, floorball, hockey, tennis, football tennis, volleyball. Sports clothes and clean sports shoes are mandatory!

Big Band (grade 5 only via audition)

Robert Keane & Sebastian Oetker

F0.210 - free

Big Band musicians study and perform a variety of repertoire from various periods of Jazz, ranging from Dixieland to Swing, Funk to Fusion. In addition to improving instrumental expertise and ensemble awareness, they will develop their improvisational skills, study the form of jazz and learn about the great jazz performers of the past and present. Private instrumental lessons are obligatory for participation. All students need to pass audition in order to participate in the club. Mr. Keane reserves the right to deny entry to any students who are not up to the level.

Choir

Judy Yang

Music room F0.211 - free

Join our school choir and have fun singing together!

Design Club

Andrea Steffen

D0.106 - 120€/semester

Is your child creative? Does he or she like to tinker, sew, build or invent? Is he or she bubbling over with ideas? Then this is the right club for them! In the Design Club, the children will discover all things design in a playful way. They have a wide range of materials at their disposal to encourage them to be creative, try things out and experiment: fabrics and fabric scraps for first sewing attempts by hand, such as scrunchies, stuffed animals or mini-clothes for puppets and toys. Jewellery parts and beads for making necklaces, (charm) bracelets or key rings. Various handicraft, building and upcycling materials for small inventions, art objects and other creative ideas. The fun of being creative and the individual talents of your child will be encouraged by a professional designer. Their own ideas are welcome and will be taken up and developed further with the children. They practise manual skills and are part of a club where they can support each other and exchange their fun ideas. For more information click [here](#).

EAL (English as Additional Language)

Nancy Mukherjee & Katja Lenz

This language course is reserved exclusively for absolute beginners in grades 1-4.

Football

Bastian Palm (Tuesdays, grades 1/2) & Cedric Marschall (Fridays, grades 3-5)

Sports Hall 1 - 120€/semester

Practise your ball skills with drills and team games run by our qualified football trainers. Sports clothes and clean sports shoes are mandatory!

French (grades 1-4)

Iana Prostavova

Mondays, Wednesdays and Thursdays, we offer French lessons for grades 1-4. Participation on all three days is mandatory.

GAL (German as Additional Language)

Maryam Mahdavi

This language course is reserved exclusively for absolute beginners in grades 1-4.

Games

Stefania Tassone, Kacem Maamer, Yannis Dublin, Bastian Palm

Outside / Green surface of the schoolyard - free

Supervision: Outdoor or indoor games, depending on the weather.

Girls' Football

Marco Hartel

Sports Hall 2 - 120€/semester

Football club only for girls. Sports clothes and clean sports shoes are mandatory!

Gymnastics

Aron Dordic

Sports Hall 3 - 120€/semester

Build and develop your skills using a range of gymnastic equipment, both floor and mounted, with a qualified coach. Sports clothes and clean sports shoes are mandatory!

Indoor Adventure Sports

Lea Sommer

Sports Hall 3 - 120€/semester

Experience adventure sports: parkour, ninja warriors, gymnastics, mat games and more.

Italian for native speakers

Stefania Tassone

D2.406 - 120€/semester

Mother tongue lessons for native students: improve reading, writing and speaking skills in your mother tongue.

Moviemaking (grades 3-5)

Dr. Shipra Saksena

F0.106 - 120€/semester

In this club, the students will learn how to film, edit and create short videos using simple editing softwares. Everyone will graduate with knowledge and joy for the moviemaking!

Musical Theater (grades 4-5)

Judy Yang

Music room - free

Musical Theater is a music and acting class. Students will practice performing in character, combining singing and acting.

Parkour

Bastian Palm

Sports Hall 3 - 120€/semester

Parkour is a great way for children to test their body in overcoming obstacles by running, climbing, jumping and balancing. It's a full-body workout with a high fun factor. Sports clothes and clean sports shoes are mandatory!

Reading Time

Michaela Kienle

Library - free

Only for students who are truly interested in reading and enjoy reading! No games or other activities will be played in this club.

Sculptural Design: Fantastic Creatures and Jugs

Bernhard Peters

DO.106 - 120€/semester

We create fantastic animals and strange creatures. What might be there deep in the sea, in the jungle or the desert that no one has ever seen? We design with wire, cardboard and papier-mâché and paint our fantasy creatures with watercolors. We also create a house out of a shoebox or other materials for our fantastic creatures. Where could our fictional animal live? What does his garden look like? In this club, we also design jugs and vases with fantasy creatures from old jam jars. We decorate them artistically with different material and paints.

Spanish (grades 1-4)

Susana Martinez & Carolina Reyes

Mondays, Wednesdays and Thursdays, we offer Spanish lessons for grades 1-4. Participation in all three days is recommended.

String Ensemble (grade 5)

Julie Maas & Christine Moran

F0.211 - free

The String Ensemble is open to all string players who want to play exciting repertoire in many styles: classical, folk, jazz, and film music. Students in the ensemble will focus on developing orchestral performance techniques, musicianship and ensemble skills. In addition, participants should study privately.

Tennis

Tennis Trainers of the Tennis Club DJK Köln-Bocklemünd e.v. 1967 e.V.

Sports Hall 3 - 120€/semester

A lot of fun and varied competition games are awaiting you in this club. Qualified trainers of the DJK Tennis Club will bring you closer to the fascination of the yellow felt ball. Sports clothes and clean sports shoes are mandatory!

Yoga for kids

Pratibha Mantri

F0.211 - 120€/semester

A fun and playful way for children to explore yoga, helping them feel calmer and happier.

INDIVIDUAL MUSIC LESSONS

Internationale Musikschule Butzweilerhof

Manager: Sebastian Oetker

By playing an instrument, the child learns a craft that is also an art. Such a highly complex matter can only be mastered satisfactorily if already started in childhood and if continued support through individual lessons take place!

The experience "I can do something very special!" has an enormously positive effect on the personality development of the child! Last but not least, it is an important experience for later professional life.

In the afternoon we already offer individual lessons in the following instruments: piano, trumpet, saxophone, clarinet, flute, violin, viola, cello, drums and guitar.

New lessons in this school year:

- Piano lessons with Grigol Kobakhidze (pop, jazz, classical and film music) weekly on Mondays, Thursdays and Saturdays.
- Guitar, Bass-Guitar, Ukulele and Voice lessons with Vano Kobakhidze (Pop music) weekly on Thursdays and Saturdays.

If you are interested, also regarding other instruments, please contact us at int.musikschule.koeln@gmail.com.

Any incoming expression of interest will be placed on the waiting list first. As soon as a place is available for your child, we will contact you.