



COLOGNE  
INTERNATIONAL  
SCHOOL  
Internationale Friedensschule Köln

# EXTRACURRICULAR ACTIVITIES

Secondary School



**CLUBS 2023/24 Semester 2**

Dear Parents,

Please find attached background information regarding our club program for the current school year. Our club structure will facilitate student development in the following areas:

## Sports

Experience how physical activity influences well-being in a positive way. Clubs currently offered:

- Badminton & Tennis (Monday 15:30-17:00) - max. 16 students
- Basketball RheinStars (Monday 15:30-17:00) - max. 20 students
- Inline Skating (Tuesday 14:45-16:15) - max. 16 students
- Football (Wednesday 15:30-17:00) - max. 20 students
- Volleyball beginners (Thursday 15:30 - 17:00) - max. 20 students
- Volleyball advanced (Thursday 15:30 - 17:00) - max. 20 students
- Martial Arts / Full Body Workout (Friday 14:45 - 16:15) - max. 20 students

## Creativity

Let your imagination fly and develop your creative skills. Clubs currently offered in this area:

- Arts & Crafts (Tuesday 14:45-16:15) - max. 20 students
- Design (Tuesday 14:45-16:15) - max. 12 students
- Photography (Tuesday & Friday 14:45 - 16:15) - max. 16 students

## STEM

Improve your coding skills. Clubs currently offered in this area:

- Robotics (Wednesday 15:30-17:00) - max. 16 students
- Coding (Thursday 15:30-17:00) - max. 16 students

## Languages

Improve your language skills. Clubs currently offered in this area:

- Italian for native speakers (Thursday 15:30-17:00)
- DELE Spanish (Friday 14:45-16:15) - free

## Music

Improve your instrumental skills. Clubs currently offered in this area:

- Big Band (Monday 15:30-17:00) - free via audition only
- Musical Theater (Monday 15:30-17:00) - free / after Autumn Break
- String Ensemble (Wednesday 15:30-17:00) - free
- Individual lessons (Music School via Sebastian Oetker, [sebastian.oetker@if-koeln.de](mailto:sebastian.oetker@if-koeln.de))

## Communication / Debating

Improve your communication and debating skills. Club currently offered in this area:

- MUN (Wednesday 15:30-17:00) - free

## Digital World

Have fun in our gaming club while honing essential 21st-century skills:

- Esports (Tuesday 15:00 -16:15) - max. 10 students

Please be informed that the minimum number of 6 participants per club has to be reached in order for the club to take place. Club changes and cancellations are to be sent per email to [tatjana.zaric@if-koeln.de](mailto:tatjana.zaric@if-koeln.de).

Please note that appropriate sports clothing and clean sports shoes are mandatory for all indoor sports and dance courses. It is not allowed to enter the sports hall without clean sports shoes!

In addition to the clubs, we offer individual music lessons on the following instruments in cooperation with the International Music School Butzweilerhof: piano, trumpet, saxophone, clarinet, flute, violin, viola, cello, drums and guitar. We also offer voice individual lessons. Please send all inquiries regarding private lessons to Sebastian Oetker, [sebastian.oetker@if-koeln.de](mailto:sebastian.oetker@if-koeln.de).

For more detailed information regarding clubs and individual music lessons, please see the last page (page 9).

We wish all students a lot of fun!

Kind regards,

Tatjana Zaric  
Marketing & Extracurricular Activities

## DETAILED CLUB DESCRIPTIONS IN ALPHABETICAL ORDER

### Acting

Jasmin Neuschäfer

D2.207 - 120€/semester

Are you a natural performer? Do you like acting? Then join our dynamic Kids Acting Club. Here, you will learn how to truthfully express your emotions and speak and act in front of an audience.

### Arts & Crafts

Pratibha Mantri

F0.117 - 120€/semester

Dive into the world of magic and creativity. Explore vibrant colors and learn techniques to bring your visions to life. Using a variety of paints, pencils and materials, we will create beautiful works of art!

### Badminton & Tennis

Lea Sommer

Sports Hall 2 - 120€/semester

Both sports are taught alternately. Sports clothes and clean sports shoes are mandatory!

### Basketball RheinStars

RheinStars

Sports Hall 1 - 120€/semester

Train with RheinStars! Take part in a range of drills and team games, and learn basketball from professional athletes. Sports clothes and clean sports shoes are mandatory!

### Big Band

Robert Keane

F0.210 - free via audition

Big Band musicians study and perform a variety of repertoire from various periods of Jazz, ranging from Dixieland to Swing, Funk to Fusion. In addition to improving instrumental expertise and ensemble awareness, band members will develop their improvisational skills, study the form of jazz and learn about the great jazz performers of the past and present. Private instrumental lessons are obligatory for participation. All students need to pass audition in order to participate in the club. Mr. Keane reserves the right to deny entry to any students who are not up to the level.

### Coding (grades 6-8)

Patrik Kloppsteck

120€/semester

Welcome to the Coding Club, your gateway to the exciting worlds of programming and technology! Our club offers a unique blend of coding creativity and problem-solving using two versatile languages: Scratch and Python. If you're new to coding or already have some coding experience, this club is the perfect place to learn, experiment, and create. We start with Scratch, an intuitive visual language, to introduce coding concepts through fun animations and stories. Progressing to Python, we provide a supportive environment for you to learn the basics of text-based programming. Join us as we guide you through the basics of coding, step by step, and help you transform your ideas into interactive projects. For the full experience we recommend a personal laptop.

## DELE Exam Preparation A1 & A2/B1

Susana Martinez

Grades 7-12 - free

The Diplomas DELE are official qualifications certifying the degree of competence and mastery of Spanish, granted by Instituto Cervantes. This course will prepare each pupil for his/her appropriate level of the DELE examination: A1 or A2/B1. For more information click [here](#).

## Design Club

Andrea Steffen

D2.407 - 120€/semester

Are you creative and have lots of good ideas? Do you like sewing, drawing, tinkering, building or inventing? Maybe you can even imagine working in a creative profession one day? Then this is the right club for you! You can come to the Design Club with your own ideas and you will be supported in realising them. There is a wide range of materials available for you to choose from: fabrics and clothes for sewing and redesigning, jewellery pieces and beads for designing and making jewellery, various handicraft, building and upcycling materials for product designs, art objects or other creative ideas. The course is led by a designer who will help you to try out and practise techniques in sewing, drawing, crafting, improvising and presenting. You can decide for yourself whether you just want to be creative in a relaxed way without any pressure to perform, or whether you want to aim for a specific goal: for example, design a small jewellery collection. Or try your hand at interior design and redesign something in your room. Or develop a fashion collection in mini format. Or draw designs and build models for an invention of yours... Do you already have an idea? For more information click [here](#).

## Football

Cedric Marschall

Sports Hall 1 - 120€/semester

Practise your ball skills with drills and team games run by our qualified trainer. Sports clothes and clean sports shoes are mandatory!

## Esports

Cedric Marschall

Design Room - 240€/semester

Join our Tech After School Club, where the excitement of gaming and esports converges with the power of learning. Begin a journey from player to creator, delving into popular games like Minecraft and more, all while honing essential 21st-century skills. This dynamic program isn't just about playing games; it's a platform where imagination transforms into innovation. Through engaging tasks and challenges, students enhance their teamwork, problem-solving abilities, and creativity, preparing them for the digital landscape of the future. It's not merely a gaming club; it's your gateway to mastering the skills that matter in today's and tomorrow's world.

## Inline Skating

Lea Sommer

School Ground - 120€/semester

Have you ever wanted to learn how to inline skate? Or would you like to improve your skating technique? Then, this is the right club for you! Our qualified coach teaches you how to fall without hurting yourself and how to skate using the correct techniques. At the end of the school year, we will organize an inline skating show where the students can show off their new skills. For this club, the students will need to bring their own inline skates as well as a skater helmet and protective gear for knees, elbows and wrists.

## Italian for native speakers

Stefania Tassone

D2.406 - 120€/semester

Mother tongue lessons for native students: improve reading, writing and speaking skills in your mother tongue.

## Martial Arts / Full Body Workout

Jan Reckhaus

Sports Hall 2 - 120€/semester

Get an insight into different martial arts. It's a great full body workout without. Compliance with rules, self-discipline, fairness and respect are essential components and are learned and consistently demanded in this working group.

## MUN

Benard Weda / Stefanie Wedy

free

Model United Nations, also known as Model UN or MUN, is an extra-curricular activity in which students typically role-play delegates to the United Nations and simulate UN committees.

## Musical Theater

Judy Yang

Music room - free / after Autumn Break

Musical Theater is a music and acting class. Students will practice performing in character, combining singing and acting.

## Photography

Stefania Tassone

D2.106 - 120€/semester

Students learn about lighting, composition, aperture and how to take pictures with DSLR camera. They will also take photos of school events that will be published on our social media school's accounts: [Facebook](#), [Instagram](#) and [LinkedIn](#).

## Robotics (grades 6-10)

Patrik Kloppsteck

120€/semester

The robotics club will journey into the realm of robotics, creativity, and competition. You will be developing, tinkering and coding to come up with smart solutions for everyday problems. If you're a tech enthusiast, aspiring engineer, or just eager to explore the world of automation, join us in harnessing the power of robotics to solve problems, conquer challenges, make friends, and represent our school at the World Robot Olympiad! For the full experience we recommend a personal laptop.

## String Ensemble

Julie Maas & Christine Moran

F0.211 - free

The String Ensemble is open to all string players who want to play exciting repertoire in many styles: classical, folk, jazz, and film music. Students in the ensemble will focus on developing orchestral performance techniques, musicianship and ensemble skills. In addition, participants should study privately.

## Volleyball

Nico Wessely & Alexander Groesgen

Sports Hall 1 & 2 - 120€/semester

The volleyball club is open to all students from 6th - 12th grade. In addition to learning and improving standard techniques and tactics, members will play in teams of 3 to 6, with and against each other. The club will be subdivided into two flexible groups - beginner/intermediate and intermediate/advanced - which will be determined by both age and ability. Our aim is to eventually form U12, U14, Junior Varsity and Varsity teams to participate in international tournaments against other schools. Sports clothes and clean sports shoes are mandatory!

## INDIVIDUAL MUSIC LESSONS

### Internationale Musikschule Butzweilerhof

Manager: Sebastian Oetker

By playing an instrument, the child learns a craft that is also an art. Such a highly complex matter can only be mastered satisfactorily if already started in childhood and if continued support through individual lessons take place!

The experience "I can do something very special!" has an enormously positive effect on the personality development of the child! Last but not least, it is an important experience for later professional life.

In the afternoon we already offer individual lessons in the following instruments: piano, trumpet, saxophone, clarinet, flute, violin, viola, cello, drums and guitar.

New lessons in this school year:

- Piano lessons with Grigol Kobakhidze (pop, jazz, classical and film music) weekly on Mondays, Thursdays and Saturdays.
- Guitar, Bass-Guitar, Ukulele and Voice lessons with Vano Kobakhidze (Pop music) weekly on Thursdays and Saturdays.

If you are interested, also regarding other instruments, please contact us at [sebastian.oetker@if-koeln.de](mailto:sebastian.oetker@if-koeln.de).

Any incoming expression of interest will be placed on the waiting list first. As soon as a place is available for your child, we will contact you.