

# Secondary Clubs 2019/20



## Clubs

**Monday 3.30-5.00pm**

**Montag 15:30-17:00**

## Music

**Big Band** (all grades - via audition, bilingual) - Robert Keane in A 0.04 **free**

Big Band musicians study and perform a variety of repertoire from various periods of Jazz, ranging from Dixieland to Swing, Funk to Fusion. Aside from improving instrumental expertise and ensemble awareness, band members will develop their improvisational skills, study the form of jazz and learn about the great jazz performers of the past and present. The Big Band performs regularly at school functions and tours once a year. Previously the group has had much success at international competition.

**String Ensemble** (grades 5-9, bilingual) - J. Maas & C. Moran in A 0.16.1 & 2 **free**

This club is open to all string players who want to play exciting repertoire in many styles: classical, folk, jazz and film music. We will have several performances this school year as well as a three day trip with all the school music clubs.

**Brass Band** (alle Stufen, bilingual) - S. Oetker & J. Gerwing in B 0.28/29 **kostenfrei**

Die Brass Band soll, wie der Name schon sagt, hauptsächlich aus Blechblasinstrumenten, bzw. Holzblasinstrumenten bestehen. Ziel dieser ist es, ein großes Spektrum verschiedenster Stile kennenzulernen und Spaß am gemeinsamen musizieren zu haben.

## Sports

**Parcour** (all grades, bilingual) – Fouad Safieddine in SP2 **120€/semester**

The name of this club comes from the French word “parcours du combattant”, which is a classic obstacle course in military training. In Parcour the “traceur” - which is the name of the runner - must try to master a track with obstacles as quickly and efficiently as possible. In parcour training, skills such as strength, stamina, speed and coordination will be improved.

**Volleyball beginners** (all grades, bilingual) - Sebastian Schnorr in SP3 **120€/semester**

The beginners volleyball club is addressed to all students who would like to learn a new team sport that is unlike any other. Besides learning typical volleyball techniques such as the set, the bump set and different attacks, students will play in small teams with and against each other. The goal of this club is to form boys and girls teams that will participate in tournaments against other schools.

**Volleyball advanced** (all grades, bilingual) - Nico Wessely in SP3 **120€/semester**

The advanced volleyball club is addressed to all students who have at least one to two years of experience. Besides improving typical Volleyball techniques and tactics, students will play in teams of four or six with and against each other. The goal of this club is to form boys and girls teams that will participate in tournaments against other schools.

## Excellence

**Reading** (alle Stufen, Deutsch) - Leonie Rupert in E 0.09 **kostenfrei**

**Lernzeit** (alle Stufen, Deutsch) - Katja Fritzler in B 0.25 **kostenfrei**

**ISS Clinic Maths** (all grades, English) - Fiona Pluse & Benard Weda in B 1.26/27 **free**  
No registration needed.

**ISS Clinic GAL** (all grades, English) - Lea Lehmann in B 1.22 **free**  
German as additional language - no registration needed.

**Tuesday 2.45-3.30/4.15pm**

**Dienstag 14:45-15:30/16:15**

## Languages

**Cambridge English A2/B1 KEY/PET** (all grades) - Alexandra Inglis in B 0.25 **free**

Cambridge English courses provide pupils with an opportunity to prepare for Cambridge English language exams. They will practice skills such as listening, reading,

speaking and writing and will receive support in taking the examinations. Pupils will be asked to purchase their own course books based on their language levels. They can take the assessment test online to see which level would be suitable for them here: <https://www.cambridgeenglish.org/test-your-english/>. However please keep in mind that the teacher's level placement recommendation may differ from the test recommendation. (45 min)

**Latein** (all) - Anny Papaphilippu in E 2.08 **free**

Einführende Übungen zur lateinischen Sprache und römischen Kultur (45 Min)

**DELE Exam Preparation A2/B1 & B2** (grades 7-12) - Susana Martinez in B 0.28 **free**

The Diplomas DELE are official qualifications certifying the degree of competence and mastery of Spanish, granted by Instituto Cervantes. This course will prepare each pupil for his/her appropriate level of the DELE examination: A2-B1 or B2. (90 min)

**Mandarin Chinese as 2nd Language** (all grades) - Zhimin Chen in A 1.15 **120€/sem**

Our native Chinese teacher will help students to learn or improve the Mandarin language. (90 min)

## Arts

**Henna Tattoo** (all grades, English) - Shipra Saksena in B 1.26 **60€/semester**

Learn how to prepare henna paste and henna cones, and how to create your own tattoo designs. (45 min)

## Dance

**Hip Hop** (all grades, bilingual) - Tatjana Zaric in A 0.16.1 **120€/semester**

Join our qualified dance teacher to learn cool Hip Hop moves performed to the latest music. Learn the challenging choreographies and boost your self-confidence! This class trains your body control and coordination and will encourage you to bring in your personality and develop your own style. The group will be coached for the big Dance show at the end of school year. (90 min)

**Hip Hop** (grade 6C, bilingual) - Tatjana Zaric in A 0.16.1 **60€/semester 15:30-16:15**

The grade 6 students with dance experience are welcome to join the Hip Hop course from 15:30 to 16:15. (45 min)

## Excellence

**Ten Finger Typing** (all grades, bilingual) - Lea Schmid in B 0.35 **60€/semester**

Students learn how to handle computer keyboards by using established ten finger typing technique. (45 min)

**Lernzeit** (alle Stufen, Deutsch) - Carina Santos in B 0.25 **kostenfrei**

**Tuesday 3.30-5.00pm**

**Dienstag 15:30-17:00**

## Languages

**Spanisch** (Stufen 5-7) - Antonia Manceras in B 0.29 **kostenfrei**

Einführungskurs in die spanische Sprache, Konversation, Grammatik und Kulturvermittlung. Bei Interesse kann auch in der ersten Sommerferienwoche ein Spanisch-Camp in der Nähe von Madrid gebucht werden, wo die Schüler von unserer Spanisch-Lehrerin Antonia Manceras begleitet werden.

## Art

**Arts & Crafts** (all grades, bilingual) - Sumithira Vinodh in B 1.26 **120€/semester**

Try your hand at using paints, different fabrics and materials to create beautiful works of art.

## Excellence

**Chess** (all grades, English) - Kamran Mahmood in A 1.13 **120€/semester**

Chess is a fun game that incorporates many aspects of the IB learner profile: knowledgeable, inquirers, thinkers, communicators, principled, open-minded, caring, risk takers, balanced and reflective. The chess club is meant to foster pupil's intellectual growth while having fun.

**Lernzeit** (alle Stufen, Deutsch) - Mareike Adams in B 0.25 **kostenfrei**

**Wednesday 3.30-5.00pm**

**Mittwoch 15:30-17:00**

## Music

**Brass Orchestra** (alle Stufen, bilingual) - Jan Gerwing in A 0.16.1 **kostenfrei**

Hier wird ein eigenes Blas-Orchester-Repertoire gespielt.

**String Ensemble** (grades 5-9, bilingual) - J. Maas & A. S. Witschke in A 0.16.2 **free**

This club is open to all string players who want to play exciting repertoire in many styles: classical, folk, jazz and film music. We will have several performances this school year as well as a three day trip with all the school music clubs.

**IFK Jazz Band** (alle Stufen, bilingual) - Sebastian Oetker in A 0.04 **kostenfrei**

Dieses Schuljahr ist das Ziel der Jazz Band, ein Repertoire an Broadway Songs bzw. Musical Songs zu erarbeiten. Weiterhin soll ein Schwerpunkt auf dem Ausprobieren und Experimentieren mit Improvisation liegen.

## Sports

**Football** (grades 5-9, bilingual) - Oskar Mbele in SP2 **120€/semester**

Practise your ball skills with drills and team games, run by a professional soccer player.

**Trampoline** (all grades, bilingual) - Fouad Safieddine in SP3 **120€/semester**

Keep yourself fit with gymnastics and develop your skills using a trampoline.

## Art

**Kunst: Wandgestaltung/Graffiti** (alle Stufen, bilingual) - Usa Beer in B 0.31 **120€/sem**

Der Lattenzaun der Schule sieht immer noch wenig ansprechend aus. Das wollen wir ändern! Graffiti, Stencils, Wandmalereien sind Techniken, die hier knallig und farbenfroh umgesetzt werden können. Alle, die dazu Lust haben sind gerne gesehen in dieser AG.

## Excellence

**The +/- Code** (all grades) - teacher Celine Crommelinck **60€/semester** **15:30-16:15**

We will watch and discuss online lessons and do exercises. Students learn to develop their emotional intelligence. It will give them knowledge which will help them to

understand what they feel, it will improve their decision making and increase their leadership qualities (www.plusminuscode.com). (45min)

**Lernzeit** (alle Stufen, Deutsch) - Tatiana Schergel in B 0.25 **kostenfrei**

**ISS Clinic Humanities** (all grades, English) - Tim Strahlendorf in B 1.26 **free**

No registration needed.

**ISS Clinic Science** (all grades, English) - Christina Preissner & Enhui Shi in B 1.22/23 **free**

No registration needed.

**Thursday 3.30-5.00pm**

**Donnerstag 15:30-17:00**

## Music

**CIS/IFK Student Choir** (alle Stufen, bilingual) - Fabian Prolingheuer **kostenfrei**

"Night and Day" - unter diesem Thema werden wir in diesem Schuljahr versuchen, Lieder und Stücke aus einem möglichst breiten Stilmix mehrstimmig zu singen. Ideal für alle, die Spaß am gemeinsamen Performen haben, aber zu viel Lampenfieber haben, um sich als Solist auf die Bühne trauen!

## Sports & Dance

**Dance & Cheerleading** (all grades, bilingual) - Tatjana Zaric **120€/semester**

Join our qualified dance teacher to learn different dance styles and moves (jazz dance, latin, contemporary, hip hop, cheer dance) mixed with acrobatic elements into a nice modern choreography set to the latest music. This class trains body control, self-confidence and team spirit. You are welcome to bring in your own ideas. The group will represent school by participating in the big Carnival Parade in Cologne City in February and will also be coached for the big Dance show at the end of the school year. Strike a pose... It's show time!

**Kung Fu** (all grades, bilingual) - Pengfei Yang in B 0.33 **120€/semester**

Learn the basics of this martial art, how to maintain body control and have good exercise.

**Golf** (all grades, bilingual) - Bettina Hauert in KGC **120€/semester Start: 12.09.19**

The students will be picked up at the school main entrance 15:30-15:45. The lesson takes place in the Kölner Golf Club, Freimersdorfer Weg 43. Each participant will have to pay 2€ for the golf tokens every lesson in order to play.

## Excellence

**Lernzeit** (alle Stufen, Deutsch) - Leonie Rupert in B 0.25 **kostenfrei**

**ISS Clinic English** (all grades, English) - Shaun Roberts in B 1.22 **free**

No registration needed.

**ISS Clinic German** (all grades, English) - Andrea Materlik & Birgit Drüppel in B 1.26 **free**

No registration needed.

**Friday 2.45-4.15pm**

**Freitag 14:45-16:15**

## Languages

**Cambridge English B2/C1 FCE/CAE** (all grades) - Alexandra Inglis in B 0.28 **free**

Cambridge English courses provide pupils with an opportunity to prepare for Cambridge English language exams. They will practice skills such as listening, reading, speaking and writing and will receive support in taking the examinations. Pupils will be asked to purchase their own course books based on their language levels. They can take the assessment test online to see which level would be suitable for them here: <https://www.cambridgeenglish.org/test-your-english/>. However please keep in mind that the teacher's level placement recommendation may differ from the test recommendation.

**Russian Mother Tongue** (all grades) - Maria Gödderz in B 0.35 **120€/semester**

Mother tongue lessons for native speakers of Russian only.

## Technology

**Media** (all grades, English) - Shipra Saksena in B 0.29 **120€/semester**

Students will learn how to prepare posters, banners and slogans for advertising, script writing for audio visual ads, interviews and documentaries. They will learn how to film and how to create a video using different editing softwares. Participating students will target to produce visual documentaries about the school life and happenings. The students' works will be posted on school's Youtube and Facebook account.

**Photography** (all grades, English) - Stefania Tassone in B 1.30 **120€/semester**

Students learn about lighting, composition, aperture and how to take pictures with SLR camera. They will also take photos of school events, that will be published in the weekend notes and on school's, Facebook and Instagram account.

## Sports

**Acro-Yoga** (alle Stufen, bilingual) - Zhimin Chen in SP1 **120€/semester**

Get fit with Acro-Yoga and learn how to perform extraordinary figures. Acro-Yoga combines yoga and acrobatics. It requires strength, flexibility and technique training. It strengthens core, tones muscles and raises team spirit.

## Excellence

**Lernzeit** (all grades, Deutsch ) - Sonja Becker & Usa Beer in B 0.25 **free**

**ISS Independent Learning Time** (all grades, English) - Shaun Roberts in B 1.34 **free**

No registration needed.

## Registration

### Registration Link

**[Anmeldelink](#)**

Please click the link below to register for semester 1 clubs. We kindly ask you to read the Club Rules document before submitting your registration. Thank you.

*Bitte klicken Sie auf den untenstehenden Link, um Ihr Kind für Clubs für das erste Halbjahr anzumelden. Bevor Sie Ihre Anmeldung einreichen, lesen Sie bitte das Dokument mit Clubregeln. Danke.*

### **CIS/IFK Secondary Clubs 2019/20 Sem 1**

For more information, please contact Tatjana Zaric, [tatjana.zaric@if-koeln.de](mailto:tatjana.zaric@if-koeln.de)

*Für mehr Informationen, wenden Sie sich bitte an Tatjana Zaric, [tatjana.zaric@if-koeln.de](mailto:tatjana.zaric@if-koeln.de)*